

From 7th - 27th April 2025

A service provided by





Dorset
Council

1610

HOLIDAY SWIM TIMETABLE

Dorchester Sports Centre
Coburg Road, Dorchester DT1 2HR

T 01305 858400  

Membership could
**save you
up to £48.00**
per month compared
to pay as you go*



*Based on 2 fitness studio sessions and 2 swims per week

MAIN POOL - EASTER WEEK 1

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
06.00	06.00-07.00 Just lanes	06.00-07.00 Private booking	06.00-07.00 Just lanes	06.00-07.00 Masters swim	06.00-07.00 Just lanes	06.00-07.00 Just lanes	
07.00	07.00-08.00 Just lanes	07.00-08.00 Just lanes	07.00-08.00 Just lanes	07.00-08.00 Just lanes	07.00-08.00 Just lanes	07.00-08.00 Just lanes	07.00-08.00 Just lanes
08.00	08.00-09.00 Just lanes	08.00-09.00 Just lanes	08.00-09.00 Deep Water Just swim	08.00-09.00 Just lanes	08.00-09.00 Deep Water Just swim	08.00-09.00 Deep Water Just swim	08.00-09.00 Just lanes
09.00	09.00-10.00 Just lanes	09.00-10.00 Aqua jogging	09.00-10.00 Deep Water Just swim	09.00-10.00 Aquafit	09.00-10.00 Deep Water Just swim	09.00-10.00 Aquafit	09.00-10.00 Just lanes
10.00	10.00-11.00 Just lanes	10.00-11.00 Adult stroke technique	10.00-11.00 Fun 'n' floats	10.00-11.00 Fun 'n' floats	10.00-11.00 Fun 'n' floats	10.00-11.00 Fun 'n' floats	10.00-11.00 JSL
11.00	11.00-11.55 Fun 'n' floats	11.00-12.00 Just lanes	11.00-11.45 Learn to dive	11.00-12.00 Just lanes	11.00-12.00 Just lanes	11.00-12.00 Just lanes	11.00-11.55 Fun 'n' floats
12.00	12.00-13.00 Deep Water Just swim	12.00-13.00 Aqua Zumba	12.00-13.00 Lunchtime lanes	12.00-13.00 Fun 'n' floats	12.00-13.00 Fun 'n' floats	12.00-13.00 Fun 'n' floats	12.00-13.00 Just swim
13.00	13.00-14.00 Just lanes	13.00-13.55 Fun 'n' floats	13.00-13.55 Holiday activities	13.00-14.00 Just lanes	13.00-14.00 Just swim	13.00-14.00 Just lanes	13.00-13.55 Fun 'n' floats
14.00	14.00-15.00 Inflatafun 8-16yrs	14.00-15.00 Just lanes	14.00-15.00 Holiday activities	14.00-15.00 Fun 'n' floats	14.00-15.00 Fun 'n' floats	14.00-15.00 Fun 'n' floats	14.00-15.00 Just swim
15.00	15.00-16.00 Inflatafun 4-7yrs	15.00-16.00 Just lanes	15.00-16.00 Just swim	15.00-16.00 Just lanes	15.00-16.00 Just swim	15.00-16.00 Just lanes	15.00-16.00 Just lanes
16.00	16.00-18.30 Junior swimming lessons	16.00-18.00 Junior swimming lessons	16.00-18.45 Junior swimming lessons	16.00-19.15 Junior swimming lessons	16.00-17.00 Just swim	16.00-17.00 Just swim	16.00-18.00 WDSC
17.00	18.30-20.00 Adult lanes	18.00-19.00 Just lanes	18.45-21.35 WDSC	18.45-21.35 WDSC	18.00-21.30 WDSC	18.00-21.30 WDSC	18.00-21.30 WDSC
18.00	19.00-21.00 WDSC	19.00-21.00 WDSC	19.00-21.00 WDSC	19.00-21.00 WDSC	19.00-21.00 WDSC	19.00-21.00 WDSC	19.00-21.00 WDSC
19.00							
20.00							
21.00							

SMALL POOL - EASTER WEEK 1

Time	Mon	Tue	Wed	Thu	Fri	Sat	Sun
06.00							
07.00	07.00-08.00 Just swim	07.15-08.00 AquaFit		07.00-08.00 Just swim	07.00-08.00 Just swim		
08.00	08.00-09.00 Just swim	08.00-09.00 Just swim	08.00-09.00 Just swim	08.00-09.00 Just swim	08.00-09.00 Just swim		
09.00							
10.00	09.25-10.10 Aqua MOVE	09.00-11.00 Junior swimming lessons	09.00-12.00 Junior swimming lessons	09.00-10.00 Golden Group	09.15-10.00 Aqua MOVE	8.30-11.45 Junior swimming lessons	10.00-11.00 Just swim
11.00	10.15-11.00 Aqua Pilates	11.00-11.50 Fun 'n' floats	11.00-11.45 Disability Aqua	11.00-11.45 Disability Aqua	11.15-12.00 Aqua Pilates	11.00-11.55 Fun 'n' floats	11.00-11.55 Fun 'n' floats
12.00	12.00-13.00 Golden Group	12.00-13.00 Golden Group	12.00-12.55 Fun 'n' floats	12.00-13.45 Junior swim lessons	12.00-13.00 Just swim	12.00-12.55 Fun 'n' floats	12.00-12.55 Fun 'n' floats
13.00	13.00-14.00 Fun 'n' floats	13.00-14.00 Just swim	13.00-14.00 Just swim	13.00-14.00 Just swim	13.00-14.00 Just swim	13.00-14.00 Just swim	13.00-14.00 Just swim
14.00	14.00-15.00 Fun 'n' floats	14.00-15.00 Just swim		14.00-14.55 Fun 'n' floats	14.00-14.55 Fun 'n' floats	14.00-14.55 Fun 'n' floats	14.00-15.00 Just swim
15.00				15.00-16.00 Just swim	15.00-16.00 Just swim	15.00-16.00 Just swim	15.00-16.00 Just swim
16.00	16.00-20.30 Junior swimming lessons	15.30-19.00 Junior swimming lessons	15.30-19.15 Junior swimming lessons	16.00-19.15 Junior swimming lessons	16.00-17.00 Just swim	16.00-17.00 Just swim	16.00-18.00 WDSC
17.00							
18.00							
19.00							
20.00							
21.00							

- Children under the age of 4 years should be accompanied and constantly supervised in the water by a responsible person aged at least 16 years; on a 1 to 1 basis in the main pool and a 2 - 1 basis in the small pool.
- Children aged between 4 and 7 years should be accompanied and constantly supervised in the water by a responsible person aged at least 16 years, on a 2 to 1 basis.
- Customers who suffer with epilepsy and do not take medication to control the condition must inform reception and be assisted in the water with a helper on a 1 to 1 basis.
- All customers suffering from medical conditions that can cause problems or affect them while using the facility are asked to inform reception before they take part in activities.

MAIN POOL - EASTER WEEK 2

Time	Easter Mon	Tue	Wed	Thu	Good Fri	Sat	Easter Sun
06.00	06.00-07.00 Just lanes	06.00-07.00 Private booking	06.00-07.00 Just lanes	06.00-07.00 Masters swim	06.00-07.00 Just lanes		
07.00	07.00-08.00 Just lanes	07.00-08.00 Just lanes	07.00-08.00 Just lanes	07.00-08.00 Just lanes	07.00-08.00 Just lanes	07.00-08.00 Just lanes	07.00-08.30 WDSC
08.00	08.00-09.00 Just lanes	08.00-09.00 Just lanes	08.00-09.00 Deep Water Just swim	08.00-09.00 Just lanes	08.00-09.00 Deep Water Just swim	08.00-09.00 Deep Water Just swim	08.30-10.00 Just lanes
09.00	09.00-10.00 Just lanes	09.00-10.00 Aqua jogging	09.00-10.00 Deep Water Just swim	09.00-10.00 Aquafit	09.00-10.00 Deep Water Just swim	09.00-10.00 Aquafit	09.10-09.55 Inflatafun 4-7yrs
10.00	10.00-11.00 Just lanes	10.00-11.00 Adult stroke technique	10.00-10.55 Fun 'n' floats	10.00-10.55 Fun 'n' floats	10.00-10.55 Fun 'n' floats	10.00-10.55 Fun 'n' floats	10.00-10.55 Inflatafun 8-16yrs
11.00	11.00-11.55 Fun 'n' floats	11.00-12.00 Just lanes	11.00-11.45 Learn to dive	11.00-12.00 Just lanes	11.00-12.00 Just lanes	11.00-12.00 Just lanes	11.00-11.55 Fun 'n' floats
12.00	12.00-13.00 Deep Water Just swim	12.00-13.00 Aqua Zumba	12.00-13.00 Lunchtime lanes	12.00-13.00 Fun 'n' floats	12.00-13.00 Lunchtime lanes	12.00-13.00 Fun 'n' floats	12.00-13.00 Just lanes
13.00	13.00-14.00 Just lanes	13.00-14.00 Just swim	13.00-14.00 Fun 'n' floats	13.00-14.00 Just lanes	13.00-14.00 Just swim	13.00-14.00 Just lanes	13.00-13.55 Fun 'n' floats
14.00	14.00-15.00 Inflatafun 8-16yrs	14.00-15.00 Just lanes	13.00-13.55 Holiday activities	14.00-15.00 Fun 'n' floats	14.00-15.00 Fun 'n' floats	14.00-15.00 Fun 'n' floats	14.00-15.00 Just lanes
15.00	15.00-15.50 Inflatafun 4-7yrs	15.00-16.00 Just lanes	14.00-15.00 Holiday activities	15.00-16.00 Just lanes	15.00-16.00 Just swim	15.00-16.00 Just swim	15.00-16.00 Just lanes
16.00	16.00-18.30 Junior swimming lessons	16.00-18.00 Junior swimming lessons	16.00-18.45 Junior swimming lessons	16.00-19.15 Junior swimming lessons	16.30-18.30 WDSC		
17.00		18.00-19.00 Just lanes					
18.00	18.30-20.00 Adult lanes						
19.00				18.45-21.35 Just lanes/Weymouth Livesaving/Adult lessons			
20.00	19.00-21.00 WDSC	19.00-21.00 WDSC	18.45-21.35 WDSC	20.00-21.00 Swimfit Masters			
21.00							

SMALL POOL - EASTER WEEK 2

Time	Mon	Tue	Wed	Thu	Fri	Sat	Easter Sun
06.00							
07.00	07.00-08.00 Just swim	07.15-08.00 Aquafit		07.00-08.00 Just swim	07.00-08.00 Just swim		
08.00	08.00-09.00 Just swim	08.00-09.00 Just swim	08.00-09.00 Just swim	08.00-09.00 Just swim	08.00-09.00 Just swim		8.00-10.00 Junior swimming lessons
09.00				09.00-10.00 Golden Group	09.15-10.00 Aqua MOVE		
10.00	09.25-10.10 Aqua MOVE	09.00-11.00 Junior swimming lessons	09.00-12.00 Junior swimming lessons	10.15-11.00 Aqua MOVE	10.00-11.00 Golden Group		10.00-11.00 Just swim
11.00	11.15-12.00 Disability Aqua	11.00-11.50 Fun 'n' floats		11.00-11.45 Disability Aqua	11.15-12.00 Aqua Pilates		11.00-11.55 Fun 'n' floats
12.00	12.00-13.00 Golden Group	12.00-13.00 Golden Group	12.00-12.55 Fun 'n' floats	11.45-13.45 Junior swim lessons	12.00-15.00 Junior swimming lessons		12.00-12.55 Fun 'n' floats
13.00	13.00-14.00 Fun 'n' floats	13.00-14.00 Just swim	13.00-14.00 Just swim			13.00-14.00 Just swim	13.00-14.00 Just swim
14.00	14.00-14.55 Fun 'n' floats	14.00-15.00 Just swim		14.00-14.55 Fun 'n' floats		14.00-14.55 Fun 'n' floats	14.00-15.00 Just swim
15.00				15.00-16.00 Just swim			
16.00	16.00-20.30 Junior swimming lessons	15.30-19.00 Junior swimming lessons	15.30-19.15 Junior swimming lessons	16.00-19.15 Junior swimming lessons	16.00-17.00 Just swim		
17.00							
18.00							
19.00		19.15-20.00 Aquafit	19.15-20.00 Adult swim lessons	19.15-20.00 Aquafit			
20.00							
21.00							

- Children under the age of 4 years should be accompanied and constantly supervised in the water by a responsible person aged at least 16 years; on a 1 to 1 basis in the main pool and a 2 - 1 basis in the small pool.
- Children aged between 4 and 7 years should be accompanied and constantly supervised in the water by a responsible person aged at least 16 years, on a 2 to 1 basis.
- Customers who suffer with epilepsy and do not take medication to control the condition must inform reception and be assisted in the water with a helper on a 1 to 1 basis.
- All customers suffering from medical conditions that can cause problems or affect them while using the facility are asked to inform reception before they take part in activities.

MAIN POOL - EASTER MONDAY/TERM TIME

Time	Easter Mon	Tue	Wed	Thu	Fri	Sat	Sun
06.00	06.00-07.00 Just lanes	06.00-07.00 Just lanes	06.00-07.00 Just lanes	06.00-07.00 Just lanes	06.00-07.00 Just lanes		
07.00	07.00-08.00 Just lanes	07.00-08.00 Just lanes	06.30-08.00 Swimfit Masters	07.00-08.00 Just lanes	07.00-08.00 Just lanes	07.00-08.30 Just lanes	07.00-08.00 Just lanes
08.00	08.00-09.00 Just lanes	08.00-09.00 Just lanes	08.00-09.00 Deep Water Just swim	08.00-09.00 Just lanes	08.00-09.00 Deep Water Just swim	08.15-09.00 AquaFit	08.00-09.00 Just lanes
09.00	09.00-10.00 Just lanes	09.15-10.00 Aqua jogging	09.00-10.00 Deep Water Just swim	09.00-10.00 Deep Water Just swim	09.00-10.00 Just lanes	08.30-12.15 Junior swimming lessons	09.00-10.00 Just lanes
10.00	10.00-11.00 Just lanes	10.05-10.50 Adult stroke technique	10.00-11.00 Just lanes	10.00-11.00 Just lanes	10.00-11.00 Just swim		09.30-11.00 JSL
11.00	11.00-11.55 Fun 'n' floats	11.00-12.00 Just swim	10.20-12.00 Schools	11.00-11.45 Adult swim lessons	11.00-12.00 Just lanes		11.00-11.55 Fun 'n' floats
12.00	12.00-13.00 Deep Water Just swim	12.00-12.45 Aqua Zumba	12.00-13.00 Lunchtime lanes	12.00-13.00 Lunchtime lanes	12.00-13.00 Lunchtime lanes		12.00-13.00 Just swim
13.00	13.00-14.00 Just lanes	13.00-14.00 Just swim	13.00-14.00 Schools	13.00-14.00 Just lanes	13.00-14.00 Just lanes	13.00-13.55 Fun 'n' floats	13.00-14.00 Fun 'n' floats
14.00	14.10-15.00 Inflatafun 8-16yrs	14.00-15.00 Just lanes	14.00-15.00 Just lanes	14.00-15.00 Just lanes	14.00-15.00 Just lanes	14.00-15.00 Just lanes	14.00-15.00 Just swim
15.00	15.05-15.50 Inflatafun 4-7yrs	15.00-16.00 Just lanes	15.00-16.00 Just lanes	15.00-16.00 Just lanes	15.00-16.00 Just lanes	15.00-16.00 Just lanes	15.00-16.00 Just lanes
16.00	16.00-18.30 Junior swimming lessons	16.00-18.00 Junior swimming lessons	16.00-18.45 Junior swimming lessons	16.00-19.00 Junior swimming lessons	16.00-17.00 Just swim	16.00-19.00 WDSC	16.00-20.00 WDSC
17.00		16.00-18.00 Junior swimming lessons	16.00-18.45 Junior swimming lessons	16.00-19.00 Junior swimming lessons	17.00-18.00 Just lanes		
18.00		18.00-19.00 Just lanes					
19.00		19.00-21.00 WDSC	18.45-21.30 WDSC	18.45-20.15 Adult swim lessons	18.00-21.30 WDSC		
20.00				20.15-21.00 Adult lanes	20.00-21.00 Swimfit Masters		
21.00							

SMALL POOL - EASTER MONDAY/TERM TIME

Time	Easter Mon	Tue	Wed	Thu	Fri	Sat	Sun
06.00							
07.00	07.00-08.00 Just swim	07.15-08.00 AquaFit		07.00-08.00 Just swim	07.00-08.00 Just swim		
08.00	08.00-09.00 Just swim	08.00-09.00 Just swim	08.00-09.00 Just swim	08.00-09.00 Just swim	08.00-09.00 Just swim	8.30-11.45 Junior swimming lessons	08.00-10.00 Junior swimming lessons
09.00		09.00-11.00 Junior swimming lessons	09.00-12.00 Junior swimming lessons	09.00-10.00 Golden Group	09.15-10.00 Aqua MOVE		
10.00	09.25-10.10 Aqua MOVE			10.15-11.00 Aqua Pilates	10.00-11.00 Golden Group		10.00-11.00 Just swim
11.00	11.15-12.00 Disability Aqua	11.00-11.30 Schools		11.00-11.45 Disability Aqua	11.00-11.45 Aqua Pilates		11.00-11.50 Fun 'n' floats
12.00	12.00-13.00 Golden Group	12.00-13.00 Golden Group		11.45-13.15 Adult swimming lessons	12.00-15.00 Junior swimming lessons		12.00-12.55 Fun 'n' floats
13.00	13.00-14.00 Fun 'n' floats	13.00-14.00 Just swim	13.00-14.00 Just swim	13.15-13.45 Junior swim lessons		13.00-14.00 Just swim	13.00-13.50 Just swim
14.00	14.00-14.55 Fun 'n' floats	14.00-14.30 Schools	14.00-14.30 Schools	14.00-15.00 Schools		14.00-14.50 Fun 'n' floats	14.00-14.50 Just swim
15.00				15.00-16.00 Just swim		15.00-16.00 Just swim	
16.00	16.00-20.30 Junior swimming lessons	15.30-19.00 Junior swimming lessons	15.30-19.15 Junior swimming lessons	16.00-19.15 Junior swimming lessons			
17.00							17.00-19.00 WDSC
18.00							
19.00		19.15-20.00 Aqua HiIT	19.15-20.00 Adult swim lessons	19.15-20.00 AquaFit	18.45-20.45 WDSC		
20.00				20.15-21.00 Adult swim lessons			
21.00							

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UNDER 8'S SWIMMING POLICY



1 adult with 1 child aged
under 4 years



1 adult with 2 children
aged 4 - 7 years



1 adult with 1 child under 4 years
and 1 child aged 4 - 7 years



1 adult with 3 children: 1 aged under 4
years, 2 aged 4 - 7 years

Supervising adult must be at least 16 years of age and remain in the same pool as the child/ren. Supervising adult must ensure all non-swimmers wear approved swimming aids at all times.