

# PRICE LIST

2022

## Caryford Fitness and Leisure

### PAY AS YOU GO ACTIVITIES

» Gym session	£5
» Exercise class	£5
» Racquet sports (per person)	£3
» Equipment hire	£2
» Programme (including Health Assessment)	£10

### FACILITY HIRE

» Sports hall*	£30
» ½ Sports hall*	£15

\*Commercial rates available on request.

Prices are correct at time of printing. We reserve the right to change prices at the discretion of the manager. We reserve the right to change activities at short notice.

## MEMBERSHIP OPTIONS

	Direct Debit	Annual
» Get Set Gym Plus (includes all classes plus health checks and programmes)	£29.99	£300
» Fit & Active	£21	£210
(Students aged 12+ and in full time Secondary education from year 7 - year 13. Years 12 and 13 are the first 2 years immediately following compulsory education and students may be in a school sixth form, sixth form college FE college or other training provider).		
» Exercise Referral membership	£23	–
For people with existing medical or health conditions, either referred by a health professional or as a self referral (access includes weekdays from opening till 5pm and anytime on weekends).		
» Centaur Corporate membership	£15	–
» Joining fee - £10		

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