

From  
15th April - 12th May 2024

1610

# SWIMMING POOL TIMETABLE

Trinity Sports and Leisure  
Chilton Street, Bridgwater TA6 3JA

T 01278 429119 

Membership could  
**save you  
up to £45.60**  
per month compared  
to pay as you go\*



\*Based on 2 fitness studio sessions and 2 swims per week

# MAIN POOL - TERMTIME

| Time  | Mon                              |   |   |   |   |   | Tue                                |   |   |   |   |   | Wed                            |   |   |   |   |   | Thu                              |   |   |   |   |   | Fri                              |   |   |   |   |   | Sat                              |   |   |   |   |   | Sun                                   |   |   |   |   |   |                                       |  |  |  |  |  |                              |  |  |  |  |  |
|-------|----------------------------------|---|---|---|---|---|------------------------------------|---|---|---|---|---|--------------------------------|---|---|---|---|---|----------------------------------|---|---|---|---|---|----------------------------------|---|---|---|---|---|----------------------------------|---|---|---|---|---|---------------------------------------|---|---|---|---|---|---------------------------------------|--|--|--|--|--|------------------------------|--|--|--|--|--|
|       | 1                                | 2 | 3 | 4 | 5 | 6 | 1                                  | 2 | 3 | 4 | 5 | 6 | 1                              | 2 | 3 | 4 | 5 | 6 | 1                                | 2 | 3 | 4 | 5 | 6 | 1                                | 2 | 3 | 4 | 5 | 6 | 1                                | 2 | 3 | 4 | 5 | 6 | 1                                     | 2 | 3 | 4 | 5 | 6 |                                       |  |  |  |  |  |                              |  |  |  |  |  |
| 06.00 | 06.00-08.00 Early birds          |   |   |   |   |   | 06.00-08.00 Early birds            |   |   |   |   |   | 06.00-08.00 Early birds        |   |   |   |   |   | 06.00-08.00 Early birds          |   |   |   |   |   | 06.00-08.00 Early birds          |   |   |   |   |   | 06.00-08.00 Early birds          |   |   |   |   |   | 06.00-08.00 Early birds               |   |   |   |   |   | 06.00-08.00 Early birds               |  |  |  |  |  |                              |  |  |  |  |  |
| 07.00 | 06.00-07.30 Competitive swim     |   |   |   |   |   | 06.00-07.30 Competitive swim       |   |   |   |   |   | 06.00-07.30 Competitive swim   |   |   |   |   |   | 06.00-07.30 Competitive swim     |   |   |   |   |   | 06.00-07.30 Competitive swim     |   |   |   |   |   | 06.00-07.30 Competitive swim     |   |   |   |   |   | 06.00-07.30 Competitive swim          |   |   |   |   |   | 06.00-07.30 Competitive swim          |  |  |  |  |  | 06.00-07.30 Competitive swim |  |  |  |  |  |
| 08.00 | 08.00-08.45 Aquafit              |   |   |   |   |   | 08.00-08.45 Aqua HiIT              |   |   |   |   |   | 08.00-09.00 Just lanes         |   |   |   |   |   | 08.00-09.00 Just lanes           |   |   |   |   |   | 08.00-09.00 Just lanes           |   |   |   |   |   | 08.00-10.00 Swim lessons         |   |   |   |   |   | 08.00-10.00 Swim lessons              |   |   |   |   |   | 08.00-09.00 Early birds               |  |  |  |  |  |                              |  |  |  |  |  |
| 09.00 | 08.45-09.30 Aqua MOVE            |   |   |   |   |   | 08.45-10.00 Just lanes             |   |   |   |   |   | 9.00-10.00 Golden Group swim   |   |   |   |   |   | 09.00-09.45 Water Circuits       |   |   |   |   |   | 09.00-10.00 Aqua Gym             |   |   |   |   |   | 09.00-10.00 Golden Group         |   |   |   |   |   | 08.00-10.00 Swim lessons              |   |   |   |   |   | 08.00-10.00 Swim lessons              |  |  |  |  |  |                              |  |  |  |  |  |
| 10.00 | 09.45-10.30 Schools              |   |   |   |   |   | 10.00-11.30 Schools                |   |   |   |   |   | 10.00-10.45 Water Circuits     |   |   |   |   |   | 09.45-12.00 Schools              |   |   |   |   |   | 10.00-12.00 Schools              |   |   |   |   |   | 10.00-11.00 Just lanes           |   |   |   |   |   | 10.00-11.00 Swim lessons              |   |   |   |   |   | 10.00-11.00 Swim lessons              |  |  |  |  |  | 10.00-11.00 Swim lessons     |  |  |  |  |  |
| 11.00 | 10.30-12.00 Just lanes           |   |   |   |   |   | 11.30-12.00 1-2-1 Swim lessons     |   |   |   |   |   | 10.45-12.00 Schools            |   |   |   |   |   | 10.45-12.00 Schools              |   |   |   |   |   | 10.45-12.00 Schools              |   |   |   |   |   | 11.00-12.00 Just swim            |   |   |   |   |   | 11.10-11.55 Disability swim*          |   |   |   |   |   | 11.10-11.55 Deep Water Aqua†          |  |  |  |  |  |                              |  |  |  |  |  |
| 12.00 | 12.00-13.15 Lunchtime lanes      |   |   |   |   |   | 12.00-13.30 Lunchtime lanes        |   |   |   |   |   | 12.00-13.30 Lunchtime lanes    |   |   |   |   |   | 12.00-13.00 Lunchtime lanes      |   |   |   |   |   | 12.15-13.00 Aquafit              |   |   |   |   |   | 12.00-13.30 Lunchtime lanes      |   |   |   |   |   | 12.00-13.00 Fun 'n' floats            |   |   |   |   |   | 12.00-13.00 Fun 'n' floats            |  |  |  |  |  |                              |  |  |  |  |  |
| 13.00 | 13.15-14.30 Schools              |   |   |   |   |   | 13.30-14.45 Schools                |   |   |   |   |   | 13.30-14.30 Schools            |   |   |   |   |   | 13.00-14.45 Schools              |   |   |   |   |   | 13.30-14.45 Schools              |   |   |   |   |   | 13.00-14.00 Inflatafun           |   |   |   |   |   | 13.00-14.00 Bring your own inflatable |   |   |   |   |   | 13.00-14.00 Bring your own inflatable |  |  |  |  |  |                              |  |  |  |  |  |
| 14.00 | 14.30-15.30 Just lanes           |   |   |   |   |   | 14.45-15.30 Disability swim*       |   |   |   |   |   | 14.45-15.30 Deep Water Aqua†   |   |   |   |   |   | 14.30-15.30 Just lanes           |   |   |   |   |   | 14.45-15.30 Aqua MOVE            |   |   |   |   |   | 14.45-15.30 Just lanes           |   |   |   |   |   | 14.00-15.00 Birthday party            |   |   |   |   |   | 14.00-15.00 Just swim                 |  |  |  |  |  |                              |  |  |  |  |  |
| 15.00 | 15.30-16.00 1-2-1 Swim lessons   |   |   |   |   |   | 15.30-16.00 1-2-1 Swim lessons     |   |   |   |   |   | 15.30-16.00 1-2-1 Swim lessons |   |   |   |   |   | 15.30-16.00 1-2-1 Swim lessons   |   |   |   |   |   | 15.30-16.00 1-2-1 Swim lessons   |   |   |   |   |   | 15.00-16.00 Birthday party       |   |   |   |   |   | 15.00-16.00 Birthday party            |   |   |   |   |   | 15.00-16.00 Birthday party            |  |  |  |  |  |                              |  |  |  |  |  |
| 16.00 | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons           |   |   |   |   |   | 16.00-18.00 Swim lessons       |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons              |   |   |   |   |   | 16.00-18.00 Swim lessons              |  |  |  |  |  |                              |  |  |  |  |  |
| 17.00 | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons           |   |   |   |   |   | 16.00-18.00 Swim lessons       |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons              |   |   |   |   |   | 16.00-18.00 Swim lessons              |  |  |  |  |  |                              |  |  |  |  |  |
| 18.00 | 18.00-20.30 Bridgwater Swim Club |   |   |   |   |   | 18.00-19.00 Triathlon swim         |   |   |   |   |   | 18.00-19.00 Triathlon swim     |   |   |   |   |   | 18.00-18.45 Swimfit              |   |   |   |   |   | 18.00-19.45 Bridgwater Swim Club |   |   |   |   |   | 18.00-19.45 Bridgwater Swim Club |   |   |   |   |   | 18.00-19.45 Bridgwater Swim Club      |   |   |   |   |   | 18.00-19.45 Bridgwater Swim Club      |  |  |  |  |  |                              |  |  |  |  |  |
| 19.00 | 19.00-19.45 Adult swim lessons   |   |   |   |   |   | 19.45-20.30 Adult Advanced Lessons |   |   |   |   |   | 19.30-20.15 Aquafit            |   |   |   |   |   | 19.30-20.15 Aquafit              |   |   |   |   |   | 19.30-20.15 Aquafit              |   |   |   |   |   | 19.30-20.15 Aquafit              |   |   |   |   |   | 19.30-20.15 Aquafit                   |   |   |   |   |   | 19.30-20.15 Aquafit                   |  |  |  |  |  |                              |  |  |  |  |  |
| 20.00 | 20.00-20.45 Aquafit              |   |   |   |   |   | 20.30-22.00 Masters Swim Club      |   |   |   |   |   | 19.30-21.00 Adult lanes        |   |   |   |   |   | 18.00-21.15 Bridgwater Swim Club |   |   |   |   |   | 19.45-21.00 Adult lanes          |   |   |   |   |   | 19.45-21.00 Adult lanes          |   |   |   |   |   | 19.45-21.00 Adult lanes               |   |   |   |   |   | 19.45-21.00 Adult lanes               |  |  |  |  |  |                              |  |  |  |  |  |
| 21.00 | 20.45-22.00 Adult lanes          |   |   |   |   |   | 20.30-22.00 Masters Swim Club      |   |   |   |   |   | 19.30-21.00 Adult lanes        |   |   |   |   |   | 18.00-21.15 Bridgwater Swim Club |   |   |   |   |   | 19.45-21.00 Adult lanes          |   |   |   |   |   | 19.45-21.00 Adult lanes          |   |   |   |   |   | 19.45-21.00 Adult lanes               |   |   |   |   |   | 19.45-21.00 Adult lanes               |  |  |  |  |  |                              |  |  |  |  |  |

# SMALL POOL - TERMTIME

| Time  | Mon                        |   |   |   |   |   | Tue                        |   |   |   |   |   | Wed                          |   |   |   |   |   | Thu                        |   |   |   |   |   | Fri                        |   |   |   |   |   | Sat                        |   |   |   |   |   | Sun                                   |   |   |   |   |   |                                       |  |  |  |  |  |  |  |  |  |  |  |
|-------|----------------------------|---|---|---|---|---|----------------------------|---|---|---|---|---|------------------------------|---|---|---|---|---|----------------------------|---|---|---|---|---|----------------------------|---|---|---|---|---|----------------------------|---|---|---|---|---|---------------------------------------|---|---|---|---|---|---------------------------------------|--|--|--|--|--|--|--|--|--|--|--|
|       | 1                          | 2 | 3 | 4 | 5 | 6 | 1                          | 2 | 3 | 4 | 5 | 6 | 1                            | 2 | 3 | 4 | 5 | 6 | 1                          | 2 | 3 | 4 | 5 | 6 | 1                          | 2 | 3 | 4 | 5 | 6 | 1                          | 2 | 3 | 4 | 5 | 6 | 1                                     | 2 | 3 | 4 | 5 | 6 |                                       |  |  |  |  |  |  |  |  |  |  |  |
| 06.00 |                            |   |   |   |   |   |                            |   |   |   |   |   |                              |   |   |   |   |   |                            |   |   |   |   |   |                            |   |   |   |   |   |                            |   |   |   |   |   |                                       |   |   |   |   |   |                                       |  |  |  |  |  |  |  |  |  |  |  |
| 07.00 |                            |   |   |   |   |   |                            |   |   |   |   |   |                              |   |   |   |   |   |                            |   |   |   |   |   |                            |   |   |   |   |   |                            |   |   |   |   |   |                                       |   |   |   |   |   |                                       |  |  |  |  |  |  |  |  |  |  |  |
| 08.00 |                            |   |   |   |   |   |                            |   |   |   |   |   |                              |   |   |   |   |   |                            |   |   |   |   |   |                            |   |   |   |   |   |                            |   |   |   |   |   |                                       |   |   |   |   |   |                                       |  |  |  |  |  |  |  |  |  |  |  |
| 09.00 | 09.00-10.30 Swim lessons   |   |   |   |   |   | 09.00-10.00 Just swim      |   |   |   |   |   | 09.00-10.00 Parent & toddler |   |   |   |   |   | 09.00-11.00 Swim lessons   |   |   |   |   |   | 09.00-10.00 Just swim      |   |   |   |   |   | 09.00-10.00 Just swim      |   |   |   |   |   | 08.00-11.00 Swim lessons              |   |   |   |   |   | 08.00-11.00 Swim lessons              |  |  |  |  |  |  |  |  |  |  |  |
| 10.00 | 10.00-11.00 Schools        |   |   |   |   |   | 10.00-11.30 Schools        |   |   |   |   |   | 10.00-11.00 Parent & toddler |   |   |   |   |   | 09.00-13.00 Swim lessons   |   |   |   |   |   | 10.00-11.00 Swim lessons   |   |   |   |   |   | 10.00-11.00 Swim lessons   |   |   |   |   |   | 10.00-11.00 Swim lessons              |   |   |   |   |   | 10.00-11.00 Swim lessons              |  |  |  |  |  |  |  |  |  |  |  |
| 11.00 | 11.00-12.45 Just swim      |   |   |   |   |   | 11.00-13.30 Swim lessons   |   |   |   |   |   | 11.00-13.30 Swim lessons     |   |   |   |   |   | 09.00-13.00 Swim lessons   |   |   |   |   |   | 11.00-12.00 Schools        |   |   |   |   |   | 11.00-12.00 Just swim      |   |   |   |   |   | 11.00-12.00 Just swim                 |   |   |   |   |   | 11.00-12.00 Just swim                 |  |  |  |  |  |  |  |  |  |  |  |
| 12.00 | 11.00-12.45 Just swim      |   |   |   |   |   | 11.00-13.30 Swim lessons   |   |   |   |   |   | 11.00-13.30 Swim lessons     |   |   |   |   |   | 09.00-13.00 Swim lessons   |   |   |   |   |   | 12.00-13.00 Swim lessons   |   |   |   |   |   | 12.00-13.00 Fun 'n' floats |   |   |   |   |   | 12.00-13.00 Fun 'n' floats            |   |   |   |   |   | 12.00-13.00 Fun 'n' floats            |  |  |  |  |  |  |  |  |  |  |  |
| 13.00 | 13.15-14.30 Schools        |   |   |   |   |   | 13.30-14.30 Schools        |   |   |   |   |   | 13.30-14.30 Schools          |   |   |   |   |   | 13.00-14.30 Schools        |   |   |   |   |   | 13.30-14.30 Schools        |   |   |   |   |   | 13.00-14.00 Inflatafun     |   |   |   |   |   | 13.00-14.00 Bring your own inflatable |   |   |   |   |   | 13.00-14.00 Bring your own inflatable |  |  |  |  |  |  |  |  |  |  |  |
| 14.00 | 14.30-15.30 Just lanes     |   |   |   |   |   | 14.30-15.30 Just swim      |   |   |   |   |   | 14.30-15.30 Just swim        |   |   |   |   |   | 14.30-15.30 Just swim      |   |   |   |   |   | 14.30-15.30 Just swim      |   |   |   |   |   | 14.30-15.30 Just swim      |   |   |   |   |   | 14.30-15.30 Just swim                 |   |   |   |   |   | 14.30-15.30 Just swim                 |  |  |  |  |  |  |  |  |  |  |  |
| 15.00 | 15.00-16.00 Birthday party |   |   |   |   |   | 15.00-16.00 Birthday party |   |   |   |   |   | 15.00-16.00 Birthday party   |   |   |   |   |   | 15.00-16.00 Birthday party |   |   |   |   |   | 15.00-16.00 Birthday party |   |   |   |   |   | 15.00-16.00 Birthday party |   |   |   |   |   | 15.00-16.00 Birthday party            |   |   |   |   |   | 15.00-16.00 Birthday party            |  |  |  |  |  |  |  |  |  |  |  |
| 16.00 | 15.00-16.00 Birthday party |   |   |   |   |   | 15.00-16.00 Birthday party |   |   |   |   |   | 15.00-16.00 Birthday party   |   |   |   |   |   | 15.00-16.00 Birthday party |   |   |   |   |   | 15.00-16.00 Birthday party |   |   |   |   |   | 15.00-16.00 Birthday party |   |   |   |   |   | 15.00-16.00 Birthday party            |   |   |   |   |   | 15.00-16.00 Birthday party            |  |  |  |  |  |  |  |  |  |  |  |
| 17.00 | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons     |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons              |   |   |   |   |   | 15.00-18.30 Swim lessons              |  |  |  |  |  |  |  |  |  |  |  |
| 18.00 | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons     |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons              |   |   |   |   |   | 15.00-18.30 Swim lessons              |  |  |  |  |  |  |  |  |  |  |  |
| 19.00 | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons     |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons              |   |   |   |   |   | 15.00-18.30 Swim lessons              |  |  |  |  |  |  |  |  |  |  |  |
| 20.00 | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons     |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons              |   |   |   |   |   | 15.00-18.30 Swim lessons              |  |  |  |  |  |  |  |  |  |  |  |
| 21.00 | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons     |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons              |   |   |   |   |   | 15.00-18.30 Swim lessons              |  |  |  |  |  |  |  |  |  |  |  |



\*Disability swim is for people of all ages with learning difficulties and disabilities. † Deep end unavailable for Public swimming. • All under 8's must be accompanied by an adult at all times (please refer to our Under 8's Swimming Policy overleaf). • Aqua nappies must be worn by under 3's. • Last admission 1 hour prior to closing. • All sessions are booked separately for the main and small pools – users are not permitted to cross between pools during their swim session. • Please note that the pool will be cleared 5 mins before the end of all swim sessions. • Private lessons may be taking place in any area of the pools at any time. • We reserve the right to change activities at short notice.

# MAIN POOL - TERMTIME

| Time  | Mon                                |   |   |   |   |   | Tue                              |   |   |   |   |   | Wed                            |   |   |   |   |   | Thu                              |   |   |   |   |   | Fri                              |   |   |   |   |   | Sat                              |   |   |   |   |   | Sun                              |   |   |   |   |   |                                  |  |  |  |  |  |                                  |  |  |  |  |  |                            |  |  |  |  |  |                     |  |  |  |  |  |
|-------|------------------------------------|---|---|---|---|---|----------------------------------|---|---|---|---|---|--------------------------------|---|---|---|---|---|----------------------------------|---|---|---|---|---|----------------------------------|---|---|---|---|---|----------------------------------|---|---|---|---|---|----------------------------------|---|---|---|---|---|----------------------------------|--|--|--|--|--|----------------------------------|--|--|--|--|--|----------------------------|--|--|--|--|--|---------------------|--|--|--|--|--|
|       | 1                                  | 2 | 3 | 4 | 5 | 6 | 1                                | 2 | 3 | 4 | 5 | 6 | 1                              | 2 | 3 | 4 | 5 | 6 | 1                                | 2 | 3 | 4 | 5 | 6 | 1                                | 2 | 3 | 4 | 5 | 6 | 1                                | 2 | 3 | 4 | 5 | 6 | 1                                | 2 | 3 | 4 | 5 | 6 |                                  |  |  |  |  |  |                                  |  |  |  |  |  |                            |  |  |  |  |  |                     |  |  |  |  |  |
| 06.00 |                                    |   |   |   |   |   | 06.00-08.00 Early birds          |   |   |   |   |   | 06.00-08.00 Early birds        |   |   |   |   |   | 06.00-08.00 Early birds          |   |   |   |   |   | 06.00-08.00 Early birds          |   |   |   |   |   | 06.00-08.00 Early birds          |   |   |   |   |   | 06.00-08.00 Early birds          |   |   |   |   |   |                                  |  |  |  |  |  |                                  |  |  |  |  |  |                            |  |  |  |  |  |                     |  |  |  |  |  |
| 07.00 | 07.00-08.00 Early birds            |   |   |   |   |   | 06.00-08.00 Early birds          |   |   |   |   |   | 06.00-08.00 Early birds        |   |   |   |   |   | 06.00-08.00 Early birds          |   |   |   |   |   | 06.00-08.00 Early birds          |   |   |   |   |   | 06.00-08.00 Early birds          |   |   |   |   |   | 06.00-08.00 Early birds          |   |   |   |   |   | 06.00-08.00 Early birds          |  |  |  |  |  | 06.00-08.00 Early birds          |  |  |  |  |  | 06.00-08.00 Early birds    |  |  |  |  |  |                     |  |  |  |  |  |
| 08.00 | 08.00-08.45 Aquafit                |   |   |   |   |   | 08.00-08.45 Aqua HiIT            |   |   |   |   |   | 08.00-09.00 Just lanes         |   |   |   |   |   | 08.00-09.00 Just lanes           |   |   |   |   |   | 08.00-09.00 Just lanes           |   |   |   |   |   | 08.00-09.00 Just lanes           |   |   |   |   |   | 08.00-09.00 Just lanes           |   |   |   |   |   | 08.00-09.00 Just lanes           |  |  |  |  |  | 08.00-09.00 Just lanes           |  |  |  |  |  | 08.00-09.00 Just lanes     |  |  |  |  |  |                     |  |  |  |  |  |
| 09.00 | 09.00-10.30 Just swim              |   |   |   |   |   | 08.45-10.00 Just lanes           |   |   |   |   |   | 9.00-10.00 Golden Group swim   |   |   |   |   |   | 09.00-09.45 Water Circuits       |   |   |   |   |   | 09.00-10.00 Aqua Gym             |   |   |   |   |   | 09.00-10.00 Golden Group         |   |   |   |   |   | 08.00-10.00 Swim lessons         |   |   |   |   |   | 08.00-10.00 Swim lessons         |  |  |  |  |  | 08.00-10.00 Swim lessons         |  |  |  |  |  |                            |  |  |  |  |  |                     |  |  |  |  |  |
| 10.00 | 10.30-12.00 Just lanes             |   |   |   |   |   | 10.00-11.30 Schools              |   |   |   |   |   | 10.00-10.45 Water Circuits     |   |   |   |   |   | 09.45-12.00 Schools              |   |   |   |   |   | 10.00-12.00 Schools              |   |   |   |   |   | 10.00-11.00 Just lanes           |   |   |   |   |   | 10.00-11.00 Swim lessons         |   |   |   |   |   | 10.00-11.00 Just lanes           |  |  |  |  |  | 10.00-11.00 Swim lessons         |  |  |  |  |  | 10.00-11.00 Swim lessons   |  |  |  |  |  |                     |  |  |  |  |  |
| 11.00 | 11.30-12.00 1-2-1 Swim lessons     |   |   |   |   |   | 10.45-12.00 Schools              |   |   |   |   |   | 10.00-10.45 Water Circuits     |   |   |   |   |   | 09.45-12.00 Schools              |   |   |   |   |   | 10.00-12.00 Schools              |   |   |   |   |   | 10.00-11.00 Just lanes           |   |   |   |   |   | 10.00-11.00 Swim lessons         |   |   |   |   |   | 10.00-11.00 Just lanes           |  |  |  |  |  | 10.00-11.00 Swim lessons         |  |  |  |  |  | 10.00-11.00 Swim lessons   |  |  |  |  |  |                     |  |  |  |  |  |
| 12.00 | 12.00-13.15 Lunchtime lanes        |   |   |   |   |   | 12.00-13.30 Lunchtime lanes      |   |   |   |   |   | 12.00-13.30 Lunchtime lanes    |   |   |   |   |   | 12.00-13.00 Lunchtime lanes      |   |   |   |   |   | 12.15-13.00 Aquafit              |   |   |   |   |   | 12.00-13.30 Lunchtime lanes      |   |   |   |   |   | 12.00-13.00 Fun 'n' floats       |   |   |   |   |   | 12.00-13.00 Fun 'n' floats       |  |  |  |  |  | 12.00-13.00 Fun 'n' floats       |  |  |  |  |  | 12.00-13.00 Fun 'n' floats |  |  |  |  |  |                     |  |  |  |  |  |
| 13.00 | 13.30-14.30 Fun 'n' floats         |   |   |   |   |   | 13.30-14.45 Schools              |   |   |   |   |   | 13.30-14.30 Schools            |   |   |   |   |   | 13.00-14.45 Schools              |   |   |   |   |   | 13.30-14.45 Schools              |   |   |   |   |   | 13.00-14.45 Schools              |   |   |   |   |   | 13.30-14.45 Schools              |   |   |   |   |   | 13.30-14.45 Schools              |  |  |  |  |  | 13.30-14.45 Schools              |  |  |  |  |  | 13.30-14.45 Schools        |  |  |  |  |  | 13.30-14.45 Schools |  |  |  |  |  |
| 14.00 | 14.30-15.30 Just swim              |   |   |   |   |   | 14.45-15.30 Disability swim*     |   |   |   |   |   | 14.45-15.30 Deep Water Aqua†   |   |   |   |   |   | 14.30-15.30 Just lanes           |   |   |   |   |   | 14.45-15.30 Deep Water Aqua      |   |   |   |   |   | 14.45-15.30 Aqua MOVE            |   |   |   |   |   | 14.45-15.30 Just lanes           |   |   |   |   |   | 15.00-16.00 Birthday party       |  |  |  |  |  | 14.00-15.00 Birthday party       |  |  |  |  |  | 14.00-15.00 Just swim      |  |  |  |  |  |                     |  |  |  |  |  |
| 15.00 | 15.30-16.00 1-2-1 Swim lessons     |   |   |   |   |   | 15.30-16.00 1-2-1 Swim lessons   |   |   |   |   |   | 15.30-16.00 1-2-1 Swim lessons |   |   |   |   |   | 15.30-16.00 1-2-1 Swim lessons   |   |   |   |   |   | 15.30-16.00 1-2-1 Swim lessons   |   |   |   |   |   | 15.30-16.00 1-2-1 Swim lessons   |   |   |   |   |   | 15.00-16.00 Just lanes           |   |   |   |   |   | 15.00-16.00 Birthday party       |  |  |  |  |  | 15.00-16.00 Birthday party       |  |  |  |  |  | 15.00-16.00 Birthday party |  |  |  |  |  |                     |  |  |  |  |  |
| 16.00 | 16.00-18.00 Swim lessons           |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons       |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons         |  |  |  |  |  | 16.00-18.00 Swim lessons         |  |  |  |  |  | 16.00-18.00 Swim lessons   |  |  |  |  |  |                     |  |  |  |  |  |
| 17.00 | 16.00-18.00 Swim lessons           |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons       |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons         |   |   |   |   |   | 16.00-18.00 Swim lessons         |  |  |  |  |  | 16.00-18.00 Swim lessons         |  |  |  |  |  | 16.00-18.00 Swim lessons   |  |  |  |  |  |                     |  |  |  |  |  |
| 18.00 | 18.00-18.45 Aquafit                |   |   |   |   |   | 18.00-19.00 Triathlon swim       |   |   |   |   |   | 18.00-19.30 Just lanes         |   |   |   |   |   | 18.00-18.45 Swimfit              |   |   |   |   |   | 18.00-19.45 Bridgwater Swim Club |   |   |   |   |   | 18.00-19.45 Bridgwater Swim Club |   |   |   |   |   | 18.00-19.45 Bridgwater Swim Club |   |   |   |   |   | 18.00-19.45 Bridgwater Swim Club |  |  |  |  |  | 18.00-19.45 Bridgwater Swim Club |  |  |  |  |  |                            |  |  |  |  |  |                     |  |  |  |  |  |
| 19.00 | 19.00-19.45 Adult swim lessons     |   |   |   |   |   | 18.00-21.00 Bridgwater Swim Club |   |   |   |   |   | 19.30-20.15 Aquafit            |   |   |   |   |   | 18.00-21.15 Bridgwater Swim Club |   |   |   |   |   | 19.45-21.00 Adult lanes          |   |   |   |   |   | 19.45-21.00 Adult lanes          |   |   |   |   |   | 19.45-21.00 Adult lanes          |   |   |   |   |   | 19.45-21.00 Adult lanes          |  |  |  |  |  | 19.45-21.00 Adult lanes          |  |  |  |  |  |                            |  |  |  |  |  |                     |  |  |  |  |  |
| 20.00 | 19.45-20.30 Adult Advanced Lessons |   |   |   |   |   | 19.30-21.00 Adult lanes          |   |   |   |   |   | 19.30-21.00 Adult lanes        |   |   |   |   |   | 19.45-21.00 Adult lanes          |   |   |   |   |   | 19.45-21.00 Adult lanes          |   |   |   |   |   | 19.45-21.00 Adult lanes          |   |   |   |   |   | 19.45-21.00 Adult lanes          |   |   |   |   |   | 19.45-21.00 Adult lanes          |  |  |  |  |  | 19.45-21.00 Adult lanes          |  |  |  |  |  |                            |  |  |  |  |  |                     |  |  |  |  |  |
| 21.00 |                                    |   |   |   |   |   |                                  |   |   |   |   |   |                                |   |   |   |   |   |                                  |   |   |   |   |   |                                  |   |   |   |   |   |                                  |   |   |   |   |   |                                  |   |   |   |   |   |                                  |  |  |  |  |  |                                  |  |  |  |  |  |                            |  |  |  |  |  |                     |  |  |  |  |  |

# SMALL POOL - TERMTIME

| Time  | Mon                                |   |   |   |   |   | Tue                              |   |   |   |   |   | Wed                        |   |   |   |   |   | Thu                              |   |   |   |   |   | Fri                        |   |   |   |   |   | Sat                        |   |   |   |   |   | Sun                        |   |   |   |   |   |                            |  |  |  |  |  |                            |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-------|------------------------------------|---|---|---|---|---|----------------------------------|---|---|---|---|---|----------------------------|---|---|---|---|---|----------------------------------|---|---|---|---|---|----------------------------|---|---|---|---|---|----------------------------|---|---|---|---|---|----------------------------|---|---|---|---|---|----------------------------|--|--|--|--|--|----------------------------|--|--|--|--|--|--------------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
|       | 1                                  | 2 | 3 | 4 | 5 | 6 | 1                                | 2 | 3 | 4 | 5 | 6 | 1                          | 2 | 3 | 4 | 5 | 6 | 1                                | 2 | 3 | 4 | 5 | 6 | 1                          | 2 | 3 | 4 | 5 | 6 | 1                          | 2 | 3 | 4 | 5 | 6 | 1                          | 2 | 3 | 4 | 5 | 6 |                            |  |  |  |  |  |                            |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 06.00 |                                    |   |   |   |   |   |                                  |   |   |   |   |   |                            |   |   |   |   |   |                                  |   |   |   |   |   |                            |   |   |   |   |   |                            |   |   |   |   |   |                            |   |   |   |   |   |                            |  |  |  |  |  |                            |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 07.00 |                                    |   |   |   |   |   |                                  |   |   |   |   |   |                            |   |   |   |   |   |                                  |   |   |   |   |   |                            |   |   |   |   |   |                            |   |   |   |   |   |                            |   |   |   |   |   |                            |  |  |  |  |  |                            |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 08.00 |                                    |   |   |   |   |   |                                  |   |   |   |   |   |                            |   |   |   |   |   |                                  |   |   |   |   |   |                            |   |   |   |   |   |                            |   |   |   |   |   |                            |   |   |   |   |   |                            |  |  |  |  |  |                            |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 09.00 | 09.00-11.00 Just swim              |   |   |   |   |   | 09.15-10.15 Swim lessons         |   |   |   |   |   | 09.00-10.00 Just swim      |   |   |   |   |   | 09.00-10.00 Parent & toddler     |   |   |   |   |   | 09.00-11.00 Swim lessons   |   |   |   |   |   | 09.00-10.00 Just swim      |   |   |   |   |   | 09.30-10.30 Swim lessons   |   |   |   |   |   | 09.00-10.00 Just swim      |  |  |  |  |  | 08.00-11.00 Swim lessons   |  |  |  |  |  | 08.00-11.00 Swim lessons |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 10.00 | 10.00-11.00 Just swim              |   |   |   |   |   | 10.00-11.00 Schools              |   |   |   |   |   | 10.00-11.30 Schools        |   |   |   |   |   | 10.00-11.00 Parent & toddler     |   |   |   |   |   | 09.00-11.00 Swim lessons   |   |   |   |   |   | 10.00-11.00 Just swim      |   |   |   |   |   | 10.00-11.00 Just swim      |   |   |   |   |   | 10.00-11.00 Just swim      |  |  |  |  |  | 10.00-11.00 Just swim      |  |  |  |  |  | 10.00-11.00 Just swim    |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 11.00 | 11.00-12.45 Just swim              |   |   |   |   |   | 11.00-12.00 Schools              |   |   |   |   |   | 11.00-13.30 Swim lessons   |   |   |   |   |   | 11.00-13.30 Swim lessons         |   |   |   |   |   | 09.00-13.00 Swim lessons   |   |   |   |   |   | 11.00-12.00 Schools        |   |   |   |   |   | 11.00-12.00 Just swim      |   |   |   |   |   | 11.00-12.00 Just swim      |  |  |  |  |  | 11.00-12.00 Just swim      |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 12.00 | 12.00-13.00 Fun 'n' floats         |   |   |   |   |   | 11.00-13.30 Swim lessons         |   |   |   |   |   | 11.00-13.30 Swim lessons   |   |   |   |   |   | 11.00-13.30 Swim lessons         |   |   |   |   |   | 12.00-13.00 Fun 'n' floats |   |   |   |   |   | 12.00-13.00 Fun 'n' floats |   |   |   |   |   | 12.00-13.00 Fun 'n' floats |   |   |   |   |   | 12.00-13.00 Fun 'n' floats |  |  |  |  |  | 12.00-13.00 Fun 'n' floats |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 13.00 | 13.00-14.00 Inflatafun             |   |   |   |   |   | 13.00-14.00 Inflatafun           |   |   |   |   |   | 13.00-14.00 Inflatafun     |   |   |   |   |   | 13.00-14.00 Inflatafun           |   |   |   |   |   | 13.00-14.00 Inflatafun     |   |   |   |   |   | 13.00-14.00 Inflatafun     |   |   |   |   |   | 13.00-14.00 Inflatafun     |   |   |   |   |   | 13.00-14.00 Inflatafun     |  |  |  |  |  | 13.00-14.00 Inflatafun     |  |  |  |  |  | 13.00-14.00 Inflatafun   |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 14.00 | 14.00-15.00 Birthday party         |   |   |   |   |   | 14.00-15.00 Birthday party       |   |   |   |   |   | 14.00-15.00 Birthday party |   |   |   |   |   | 14.00-15.00 Birthday party       |   |   |   |   |   | 14.00-15.00 Birthday party |   |   |   |   |   | 14.00-15.00 Birthday party |   |   |   |   |   | 14.00-15.00 Birthday party |   |   |   |   |   | 14.00-15.00 Birthday party |  |  |  |  |  | 14.00-15.00 Birthday party |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15.00 | 15.00-16.00 Just lanes             |   |   |   |   |   | 14.30-15.30 Just swim            |   |   |   |   |   | 14.30-15.30 Just swim      |   |   |   |   |   | 14.30-15.30 Just swim            |   |   |   |   |   | 14.30-15.30 Just swim      |   |   |   |   |   | 14.30-16.00 Just swim      |   |   |   |   |   | 14.30-16.00 Just swim      |   |   |   |   |   | 14.30-16.00 Just swim      |  |  |  |  |  | 14.30-16.00 Just swim      |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 16.00 | 16.00-17.00 Just lanes             |   |   |   |   |   | 15.00-18.30 Swim lessons         |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons         |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |   |   |   |   |   | 15.00-18.30 Swim lessons   |  |  |  |  |  | 15.00-18.30 Swim lessons   |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 17.00 | 16.00-19.00 Swim lessons           |   |   |   |   |   | 16.00-19.00 Swim lessons         |   |   |   |   |   | 16.00-19.00 Swim lessons   |   |   |   |   |   | 16.00-19.00 Swim lessons         |   |   |   |   |   | 16.00-19.00 Swim lessons   |   |   |   |   |   | 16.00-19.00 Swim lessons   |   |   |   |   |   | 16.00-19.00 Swim lessons   |   |   |   |   |   | 16.00-19.00 Swim lessons   |  |  |  |  |  | 16.00-19.00 Swim lessons   |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 18.00 | 18.00-19.00 Just swim              |   |   |   |   |   | 18.00-19.00 Just swim            |   |   |   |   |   | 18.00-19.00 Just swim      |   |   |   |   |   | 18.00-19.00 Just swim            |   |   |   |   |   | 18.00-19.00 Just swim      |   |   |   |   |   | 18.00-19.00 Just swim      |   |   |   |   |   | 18.00-19.00 Just swim      |   |   |   |   |   | 18.00-19.00 Just swim      |  |  |  |  |  | 18.00-19.00 Just swim      |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 19.00 | 19.00-19.45 Adult swim lessons     |   |   |   |   |   | 18.00-21.00 Bridgwater Swim Club |   |   |   |   |   | 19.30-20.15 Aquafit        |   |   |   |   |   | 18.00-21.15 Bridgwater Swim Club |   |   |   |   |   | 19.45-21.00 Adult lanes    |   |   |   |   |   | 19.45-21.00 Adult lanes    |   |   |   |   |   | 19.45-21.00 Adult lanes    |   |   |   |   |   | 19.45-21.00 Adult lanes    |  |  |  |  |  | 19.45-21.00 Adult lanes    |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 20.00 | 19.45-20.30 Adult Advanced Lessons |   |   |   |   |   | 19.30-21.00 Adult lanes          |   |   |   |   |   | 19.30-21.00 Adult lanes    |   |   |   |   |   | 19.45-21.00 Adult lanes          |   |   |   |   |   | 19.45-21.00 Adult lanes    |   |   |   |   |   | 19.45-21.00 Adult lanes    |   |   |   |   |   | 19.45-21.00 Adult lanes    |   |   |   |   |   | 19.45-21.00 Adult lanes    |  |  |  |  |  | 19.45-21.00 Adult lanes    |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 21.00 |                                    |   |   |   |   |   |                                  |   |   |   |   |   |                            |   |   |   |   |   |                                  |   |   |   |   |   |                            |   |   |   |   |   |                            |   |   |   |   |   |                            |   |   |   |   |   |                            |  |  |  |  |  |                            |  |  |  |  |  |                          |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |



\*Disability swim is for people of all ages with learning difficulties and disabilities. † Deep end unavailable for Public swimming. • All under 8's must be accompanied by an adult at all times (please refer to our Under 8's Swimming Policy overleaf). • Aqua nappies must be worn by under 3's. • Last admission 1 hour prior to closing. • All sessions are booked separately for the main and small pools – users are not permitted to cross between pools during their swim session. • Please note that the pool will be cleared 5 mins before the end of all swim sessions. • Private lessons may be taking place in any area of the pools at any time. • We reserve the right to change activities at short notice.

# UNDER 8'S SWIMMING POLICY



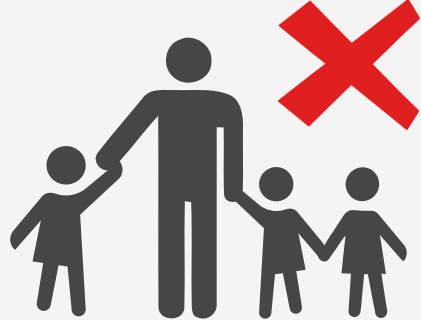
1 adult with 1 child aged  
under 4 years



1 adult with 2 children  
aged 4 - 7 years



1 adult with 1 child under 4 years  
and 1 child aged 4 - 7 years



1 adult with 3 children: 1 aged under 4  
years, 2 aged 4 - 7 years

Supervising adult must be at least 16 years of age and remain in the same pool as the child/ren. Supervising adult must ensure all non-swimmers wear approved swimming aids at all times.